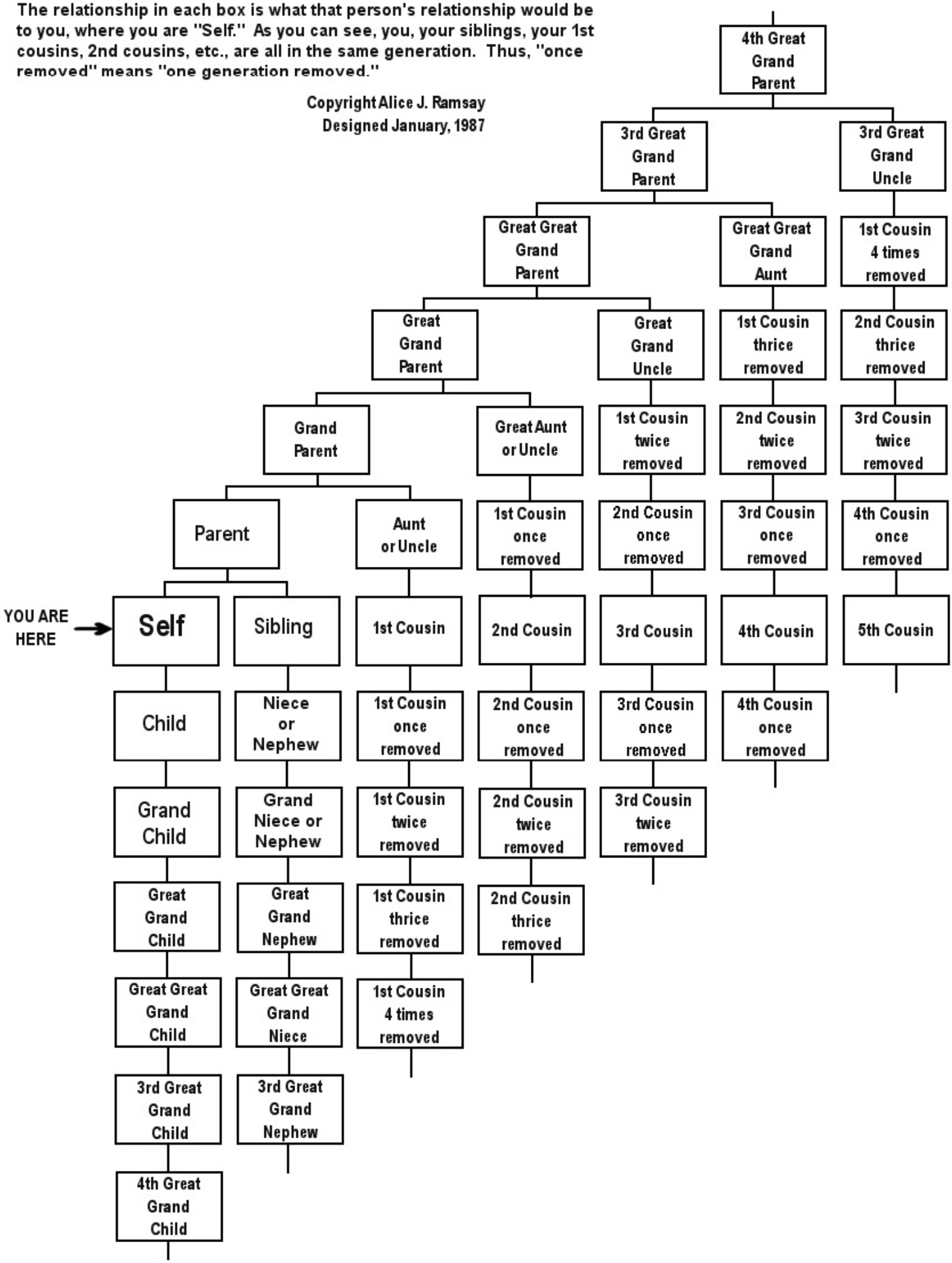
The relationship in each box is what that person's relationship would be to you, where you are "Self." As you can see, you, your siblings, your 1st cousins, 2nd cousins, etc., are all in the same generation. Thus, "once removed" means "one generation removed."

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